

Clear Your Clutter with Feng Shui: Free Yourself from Physical, Mental, Emotional, and Spiritual Clutter Forever

By Karen Kingston



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Clear Your Clutter and Transform Your Life!

Clutter is trapped energy that has far-reaching effects physically, mentally, emotionally, and spiritually. The simple act of clearing clutter can transform your life by releasing negative emotions, generating energy, and allowing you to create space in your life for the things you want to achieve. In **Clear Your Clutter with Feng Shui**, Karen Kingston, pioneer of a branch of Feng Shui known as Space Clearing, expertly guides you through the liberating task of clutter clearing. You will learn:

Why you keep clutter How to identify and clear clutter in your home or workplace How to clear clutter from your body, mind, and spirit How to stay clutter-free

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Editorial Review

Amazon.com Review

Drawing on the success of her first book, *Creating Sacred Space with Feng Shui*, Karen Kingston has met popular demand by expanding on the indispensable activity of clearing clutter. There is very little of actual Feng Shui here, and certainly nothing you can't get elsewhere, but the clutter problem gets full and complete treatment. Kingston reminds us that clutter is stuck energy that keeps you stuck in undesirable life patterns. Therefore, you can "sort out your life by sorting out your junk." Kingston covers the reasons we keep things as well as the amazing stories of people who have cleared their clutter away. More than just junk, clutter is all those things that have negative symbology and that collect stagnant energy. This latter can also apply to bodily, emotional, and spiritual clutter, all of which Kingston describes with characteristic passion. In an age of accumulation, it's good to see a book that frees up life again.

Review

"A great book and long overdue. I have read it twice in a week.... Thanks, Karen Kingston, for helping me to simplify my life in a joyful way."

--Louise L. Hay, author of Empowering Women and You Can Heal Your Life

"Elevates cleaning clutter from a mundane task to an experience of the sublime." --Michelle Passoff, author of Lighten Up! Free Yourself From Clutter

From the Inside Flap Clear Your Clutter and Transform Your Life!

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Users Review

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Anna Yates:

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Walter Goodwin:

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