

Gentle Art of Verbal Self-Defense/Workbook

By Suzette Haden Elgin



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Now you can practice and improve on the verbal self defense skills presented in Suzette Haden Elgin's bestselling book The Gentle Art of Verbal Self Defense. From the very first printing of the Gentle art of verbal self defense readers have written requesting a workbook for its revolutionary techniques. Suzette Haden Elgin has written the Workbook specifically for these readers, and for anyone else who wants to acquire further skills and experience in identifing, avoiding and defusing verbal abuse.

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