



Mayo Clinic A to Z Health Guide: Everything You Need to Know About Signs, Symptoms, Diagnosis, Treatment and Prevention

By The Mayo Clinic



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The best weapon against any condition is knowledge. Learn from the experts in Mayo Clinic's complete guide to identifying, treating, and preventing a broad range of common medical issues.

Inside you'll find:

- Easy-to-understand explanations of more than 100 health conditions
- Comprehensive lists of frequent signs and symptoms
- Professional insight on tests and procedures used to make a diagnosis
- Essential advice on treatments, including commonly used medications
- Up-to-date prevention guidelines for illnesses that may affect your quality of life

Featuring clear illustrations and accessible writing, *Mayo Clinic A to Z Health Guide* is a must-have health resource for every home.

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Editorial Review

About the Author

Mayo Clinic, a not-for-profit institution, is among the world's first and oldest group practices of medicine, dedicated to providing comprehensive diagnosis and effective treatment for complex medical problems in every specialty. With this depth of expertise, Mayo Clinic occupies a unique position as a resource to help people lead healthier lives. Mayo Clinic has published reliable health information for millions of consumers worldwide since 1983. Revenues support Mayo Clinic programs, including education and research.

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