



Handbook for Social Justice in Counseling Psychology: Leadership, Vision, and Action

By Rebecca L. Toporek, Lawrence H. Gerstein, Nadya Fouad, Gargi Roysircar-Sodowsky, Tania Israel



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The **Handbook for Social Justice in Counseling Psychology: Leadership, Vision, and Action** provides counseling psychology students, educators, researchers, and practitioners with a conceptual "road map" of social justice and social action that they can integrate into their professional identity, role, and function. It presents historical, theoretical, and ethical foundations followed by exemplary models of social justice and action work performed by counseling psychologists from interdisciplinary collaborations. The examples in this Handbook explore a wide range of settings with diverse issues and reflect a variety of actions.

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Editorial Review

Review

*“Because social justice work has emerged as one of the hottest topics in the mental health professions over the course of the past five years, the **Handbook for Social Justice in Counseling Psychology: Leadership, Vision, and Action** is timely and welcome. Although advocacy counseling, social action, and social justice work - collectively referred to as social justice counseling - are popular subjects appearing in numerous journal articles and a handful of books, especially in social work and counseling, to date no counseling psychology text has been focused exclusively on empowerment and advocacy strategies. So, this book will be a groundbreaking volume for counseling psychologists with an interest in social justice counseling. And because the **Handbook for Social Justice in Counseling Psychology** is well organized, thorough, and scholarly in its coverage, it will be a well-respected contribution to the literature on the subject.”*

(Mark S. Kiselica, Ph.D., HSPP, NCC, LPC)

*“Counseling psychologists often focus on clients' inner conflicts and avoid getting involved in the clients' environment. This handbook encourages counseling psychologists to become active participants in changing systems that constrain clients' ability to function. . . . Besides actual programs, the contributors cover research, training, and ethical issues. The case examples showing how professionals have implemented social action programs are particularly valuable. . . . [T]his book provides an outline for action, not only for psychologists, but also for social workers, politicians, and others interested in improving the lot of disadvantaged populations. **Summing up: Recommended. Graduate students, researchers, professionals.**”*

(W. P. Anderson *CHOICE* 2006-04-01)

*“This book provides as outline for action, not only for psychologists but also for social workers, politicians and others interested in improving the lot of disadvantaged populations. **Recommended.**”* (W. C. Anderson, emeritus *Choice Magazine* 2006-04-01)

About the Author

Rebecca L. Toporek, Ph.D., is an Assistant Professor in the Department of Counseling, Career and College Counseling Specializations, at San Francisco State University. Her research and writing interests include social justice and multicultural supervision and training, advocacy competencies, attitudes toward race and poverty, systemic interventions in discrimination, and career and college counseling. She was a co-editor of the Handbook of Multicultural Competencies and is a co-editor of an emerging electronic journal of social justice in counseling and psychology. She is a founding member of Counselors for Social Justice of the American Counseling Association. She received her doctorate degree in Counseling Psychology from the University of Maryland, College Park. Her most important roles include mother, partner, sister, daughter, friend, colleague, teacher, ally, community member, and global citizen.

Lawrence Gerstein, Ph.D., is the George & Frances Ball Distinguished Professor of Psychology, Director of Doctoral Training in Counseling Psychology, and Director of the Center for Peace and Conflict Studies at Ball State University. He has published over 100 scholarly articles and book chapters and is active in

professional organizations serving on numerous editorial boards and committees. He is a Fellow of the American Psychological Association and for six years, he was the Editor of the *Journal of Mental Health Counseling*. Professor Gerstein's academic expertise is in cross-cultural psychology, peace psychology, consultation, and research methodology. A recipient of the Carl D. Perkins Government Relations Award from the American Association for Counseling and Development and the Kitty Cole Human Rights Award from the American Counseling Association, Professor Gerstein was once again honored with the 2010 Ursula Gielen Global Psychology Book Award by the American Psychological Association Division 52 for *The International Handbook of Cross-Cultural Counseling* for making the most significant and fundamental contribution to psychology as a global discipline. Professor Gerstein earned his Ph.D. in counseling and social psychology from the University of Georgia, Athens, Georgia in 1983.

Nadya A. Fouad, Ph.D. is a professor in the Department of Educational Psychology at the University of Wisconsin-Milwaukee and training director of the Counseling Psychology program there. She was President of Division 17 from 2000-2001, and previously served as Vice President for Diversity and Public Interest (1996-1999). She is chair-elect-elect of the Council of Counseling Psychology Training Programs (2003-2007). She serves on the editorial boards of the *Journal of Counseling Psychology*, *Journal of Vocational Behavior*, *Career Development Quarterly*, and the *Journal of Career Assessment*. She has published articles and chapters on cross-cultural vocational assessment, career development, interest measurement, cross-cultural counseling and race and ethnicity. She has served as co-chair (with Patricia Arredondo) of the writing and implementation team with Division 45 of the Multicultural Guidelines, which were approved by APA in August, 2002 and published in the *American Psychologist* in May, 2003.

Gargi Roysircar is the Founding Director of the Antioch New England Multicultural Center for Research and Practice (www.multiculturalcenter.org) and Professor in the Department of Clinical Psychology (APA-accredited), Antioch New England Graduate School, Antioch University. She does research on the interface of acculturation and ethnic identity with the mental health of immigrants and ethnic minorities; worldview differences between and within cultural groups; multicultural competencies and training in professional psychology; and multicultural assessment and instrumentation. She has several journal articles and chapters on these topics. Her recent co-edited books are: *Multicultural Competencies: A Guidebook of Practices* (Roysircar, Sandhu, & Bibbins, 2003); *Multicultural Counseling Competencies 2003: Association for Multicultural Counseling and Development* (Roysircar, Arredondo, Fuertes, Ponterotto, & Toporek, 2003). Gargi Roysircar is a Fellow of the American Psychological Association (APA) a Past President (2001-2002) of the Association for Multicultural Counseling and Development. She is the editor of the *Journal of Multicultural Counseling and Development*. Gargi Roysircar was awarded the 2002 Extended Research Award of the American Counseling Association.

Tania Israel is an Associate Professor in the Counseling, Clinical, and School Psychology Program at the University of California, Santa Barbara. She received her doctoral degree in counseling psychology from Arizona State University in 1998, and she has a background in women's studies and sexuality education. Her professional interests include gender issues, feminist psychology, sexuality education and counseling, and diversity training. Her current research focuses on the development and assessment of counselor competence

with lesbian, gay, bisexual, and transgender clients.

Users Review

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