



## How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives)

By John Perkins, Al Ridenhour, Matt Kovsky

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Guided Chaos is an advanced, esoteric and adaptive self-defense system invented by former forensic crime scene expert John Perkins in 1978. It is completely unique, stunningly effective and takes many years to master. However, not everyone has that kind of time...and violent criminals aren't going to wait. The average person needs street and battle-tested methods that can be learned and mastered quickly. That's where Guided Chaos COMBATIVES (GCC) comes in. GCC is the first part of Guided Chaos and is remarkably simple. It is a self-contained system comprised of basic World War II-era strikes and strategies that were designed to be taught to our troops in mere hours before shipping out for jungle warfare in the Pacific against the Japanese, who were all presumed to be karate and judo experts. John Perkins, who is a certified Grandmaster in Combat Martial Arts under the International Combat Martial Arts Federation, has modified and improved these techniques by imbuing them with some of the far more advanced motion principles of Guided Chaos, the most important of which being Dropping Energy, a way of delivering powerful strikes without winding up or chambering. It also improves dynamic balance, which is essential for survival when fighting for your life. GCC is extremely easy to learn and practice on your own and can be mastered in mere weeks with diligent practice. "How to Fight for Your Life" contains principles, photos, diagrams, checklists, strategies and training regimens found nowhere else and designed to quickly maximize your ability to survive criminal violence.

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### **Editorial Review**

#### About the Author

\* Former Yonkers, NY Detective. \* Forensic crime scene reconstruction expert interpreting blood spatter patterns of horrific homicides; analyzing dynamics of how people fought and died. \* Police veteran of over 100 documented brutal arrests of extremely violent criminals, where people ended up in the hospital or morgue. \* Engaged in unlicensed Pit-fighting on the docks of Newark and New Orleans pre-UFC (no rules except for don't kill the other guy). \* One of the top Close Contact and Point Shooting instructors in the U.S. \* Student of Thomas Loughnan "The fastest man in the world" with a CoIt 45 1911 semi-automatic. \* Holds the rank of Grand Master in Combat Martial Arts under the International Combat Martial Arts Federation along with John McSweeney, Jeff Jarrett, Master Visitacion, and Col. Rex Applegate. \* Bodyguard to Billionaire publisher Malcolm Forbes, Israeli Defense minister Moshe Dayan, EST founder Werner Erhard; trained bodyguards to Pope John Paul II. \* Trained by his father from the age of 5 in World War II Close Quarters Combat and Native American Catch Wrestling; Combat Hapkido by Master Ik Jo Kang (instructor for the Korean ROK Army during the Vietnam War); Elephtheri Pali (Greek: "Ruthless Combat") by George Kaperonis and by Temple Trained Chicago Tai Chi Master Waysun Liao. \* In 1978, Perkins created GUIDED CHAOS, a completely original system of self-defense that ADAPTS to violent attacks. \* Author of best-selling self-defense books, used as training manuals for members of the U.S. Marines, U.S. Army, Royal Canadian Mounted Police, NYPD, the Guardian Angels Capetown South Africa chapter ("The most violent city in the world") and select Reality-based and kung fu schools around the globe.

### **Users Review**

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The particular book How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) has a lot associated with on it. So when you make sure to read this book you can get a lot of benefit. The book was published by the very famous author. The writer makes some research before write this book. This particular book very easy to read you can get the point easily after reading this article book.

##### **Charles Dame:**

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**Pamela Pinkham:**

Within this era which is the greater individual or who has ability in doing something more are more precious than other. Do you want to become considered one of it? It is just simple solution to have that. What you are related is just spending your time almost no but quite enough to have a look at some books. One of the books in the top record in your reading list is actually How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives). This book and that is qualified as The Hungry Inclines can get you closer in growing to be precious person. By looking upward and review this book you can get many advantages.

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