



## Stories I Only Tell My Friends: An Autobiography

By Rob Lowe



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A teen idol at fifteen, an international icon and founder of the Brat Pack at twenty, and one of Hollywood's top stars to this day, Rob Lowe chronicles his experiences as a painfully misunderstood child actor in Ohio uprooted to the wild counterculture of mid-seventies Malibu, where he embarked on his unrelenting pursuit of a career in Hollywood.

*The Outsiders* placed Lowe at the birth of the modern youth movement in the entertainment industry. During his time on *The West Wing*, he witnessed the surreal nexus of show business and politics both on the set and in the actual White House. And in between are deft and humorous stories of the wild excesses that marked the eighties, leading to his quest for family and sobriety.

Never mean-spirited or salacious, Lowe delivers unexpected glimpses into his successes, disappointments, relationships, and one-of-a-kind encounters with people who shaped our world over the last twenty-five years. These stories are as entertaining as they are unforgettable.

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## Stories I Only Tell My Friends: An Autobiography By Rob Lowe Bibliography

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### Editorial Review

From Publishers Weekly

Lowe, actor and 1980s teen idol, delivers a keen and insightful look at how the movie industry packages a celebrity, the phenomenon of "objectification," and being "The Next Big Thing." His astute look into a Midwest childhood, as well as counterculture Malibu as a young adult, raises lifelong issues of isolation and detachment for him as he adapted the persona of "a people pleaser with very few personal boundaries." Lowe vividly records the making of Coppola's *The Outsiders*, witnessing the emergence of Tom Cruise, Matt Dillon, Emilio Estevez, and Patrick Swayze alongside his own career launch. He offers insightful anecdotes about people he knew throughout his career, such as Jodie Foster, Andy Warhol, Roman Polanski, Jane Fonda, Michael Dukakis, and Princess Stephanie of Monaco. In an era that he describes as self-indulgent, he discusses his alcoholism, his video escapade, and his life as defined by the term "Brat Pack." In the end of this honest memoir, Lowe tells of his reformed life, in which he got married, had a family, and landed a career-defining role in *The West Wing*. (May)

Review

"A lovely autobiography, equal parts dish and pathos."--*Vanity Fair*

"[Lowe] writes viscerally and insightfully...He looks back at the aberrant highs of his heart-throb days, the changing nature of stardom in Hollywood, the trade-off he has made between high life and home life, and the step-by-step effort behind his show business survival. He looked like the callowest kid in the "Outsiders" crew. Now he looks like the sturdiest of them all"--*The New York Times*

"I really enjoyed it...Thoroughly entertaining: the Brat Pack years, the Wayne's World years, the Alcoholic Obscurity, the Glamorous Romances (Princess Stephanie of Monaco!), the Inevitable Rehab, and the Triumphant Comeback on *The West Wing*."--*Time Magazine*

"[Lowe's] charming, honest, even affectionate memoir is the story of strong guts behind a strikingly handsome face...A book to recommend widely."--*Booklist*

"A fresh pop-culture history of Hollywood in the '70s and '80s from the point of view of the man who lived it...[Lowe] is as funny as he is thoughtful. This is the best type of celeb memoir, because its author is as interested in the world as the world is interested in him."--*People Magazine*

"The world would be a better place if more stars' memoirs were like Lowe's--chatty, dishy, and with celebrity walk-ons (Tom Cruise! Sarah Jessica Parker! Princess Stephanie of Monaco! Martin Sheen!) galore. As entertaining as a Brat Pack film festival."--*Parade*

About the Author

Rob Lowe is a film and television actor and producer. He also is involved in politics. He lives with his wife and two sons in California.

## **Users Review**

### **From reader reviews:**

#### **Ben Hernandez:**

The actual book Stories I Only Tell My Friends: An Autobiography will bring one to the new experience of reading a book. The author style to explain the idea is very unique. If you try to find new book to read, this book very ideal to you. The book Stories I Only Tell My Friends: An Autobiography is much recommended to you to study. You can also get the e-book from official web site, so you can easier to read the book.

#### **Sharon Hardin:**

The reason? Because this Stories I Only Tell My Friends: An Autobiography is an unordinary book that the inside of the guide waiting for you to snap that but latter it will distress you with the secret it inside. Reading this book next to it was fantastic author who also write the book in such remarkable way makes the content inside easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you for not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of benefits than the other book possess such as help improving your ability and your critical thinking approach. So , still want to hesitate having that book? If I were you I will go to the book store hurriedly.

#### **Thomas Hall:**

Are you kind of busy person, only have 10 or perhaps 15 minute in your time to upgrading your mind talent or thinking skill possibly analytical thinking? Then you are receiving problem with the book than can satisfy your small amount of time to read it because this all time you only find book that need more time to be study. Stories I Only Tell My Friends: An Autobiography can be your answer given it can be read by an individual who have those short free time problems.

#### **Stephen Harvey:**

What is your hobby? Have you heard that will question when you got students? We believe that that question was given by teacher on their students. Many kinds of hobby, Every individual has different hobby. And you know that little person like reading or as studying become their hobby. You need to know that reading is very important and book as to be the thing. Book is important thing to incorporate you knowledge, except your own teacher or lecturer. You get good news or update in relation to something by book. Numerous books that can you choose to adopt be your object. One of them are these claims Stories I Only Tell My Friends: An Autobiography.

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