



The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist

By Jeanette Wright



The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright

The Chronicles from The Art of Attention are about the scientific and aesthetic understanding of human emotion and they are a defense of the practice of psychotherapy as a private and honorable profession.

Thirty years ago I began writing about the absent and the invisible as these related to experiences of loss and separation. This endeavor took me into an in-depth study of affect and script psychology and motivated me to apply my understanding of personality development with patients. I offer these Chronicles for psychotherapists as an encouragement along two pathways: first, to sustain attention on the emotional experience of patients so that the expression and motivational force of emotions and scripts becomes an orienting focus of treatment and second, to integrate drawing into talk therapy, that is, to add the act of looking to the act of listening by asking patients to draw about their lives.

The Art of Attention contains four separate books that chronicle my years as a psychotherapist focused on stimulating affect and imagery to create consciousness by engaging patients in the creation of drawn images. In Book One I uncover some disguises of loss, both the necessary losses of illusions and separations and the unthinkable losses of violence and death. When there is loss, some run and hide under the covers, some paint their faces and wear pretty dresses, some wear uniforms that tell of important jobs and some no longer remember who they are. The grieving don't want to see or be seen in their grief, yet many still peek out between fingers with the hope that someone might notice their sadness. To hide but then to look again becomes a creative pattern of loss and repair. I am thinking of times when looking again stirs wordless scenes from an implicit past and fast forwards its echoes through a line of music, the empathy of a friend, a marvel in nature; some of the ways fallible, incomplete and bittersweet memories make their return in search of repair.

The Chronicles may also appeal to lay readers interested in how emotion functions in everyday life.



 [Read Online The Art of Attention: Chronicles Of An Imagery-O ...pdf](#)

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist

By Jeanette Wright

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright

The Chronicles from The Art of Attention are about the scientific and aesthetic understanding of human emotion and they are a defense of the practice of psychotherapy as a private and honorable profession.

Thirty years ago I began writing about the absent and the invisible as these related to experiences of loss and separation. This endeavor took me into an in-depth study of affect and script psychology and motivated me to apply my understanding of personality development with patients. I offer these Chronicles for psychotherapists as an encouragement along two pathways: first, to sustain attention on the emotional experience of patients so that the expression and motivational force of emotions and scripts becomes an orienting focus of treatment and second, to integrate drawing into talk therapy, that is, to add the act of looking to the act of listening by asking patients to draw about their lives.

The Art of Attention contains four separate books that chronicle my years as a psychotherapist focused on stimulating affect and imagery to create consciousness by engaging patients in the creation of drawn images. In Book One I uncover some disguises of loss, both the necessary losses of illusions and separations and the unthinkable losses of violence and death. When there is loss, some run and hide under the covers, some paint their faces and wear pretty dresses, some wear uniforms that tell of important jobs and some no longer remember who they are. The grieving don't want to see or be seen in their grief, yet many still peek out between fingers with the hope that someone might notice their sadness. To hide but then to look again becomes a creative pattern of loss and repair. I am thinking of times when looking again stirs wordless scenes from an implicit past and fast forwards its echoes through a line of music, the empathy of a friend, a marvel in nature; some of the ways fallible, incomplete and bittersweet memories make their return in search of repair.

The Chronicles may also appeal to lay readers interested in how emotion functions in everyday life.

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright Bibliography

- Sales Rank: #6889540 in Books
- Published on: 2005-11-30
- Original language: English
- Number of items: 1
- Dimensions: 10.50" h x 8.00" w x .50" l, .0 pounds
- Binding: Paperback
- 180 pages

 [Download The Art of Attention: Chronicles Of An Imagery-Ori ...pdf](#)

 [Read Online The Art of Attention: Chronicles Of An Imagery-O ...pdf](#)

Download and Read Free Online The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright

Editorial Review

About the Author

Jeanette Wright, M.S., A.T.R., is a former associate professor at Drake University and is currently in private practice in Des Moines, Iowa.

Users Review

From reader reviews:

Mark Malek:

What do you about book? It is not important along? Or just adding material when you really need something to explain what yours problem? How about your time? Or are you busy individual? If you don't have spare time to do others business, it is gives you the sense of being bored faster. And you have extra time? What did you do? Every person has many questions above. They must answer that question because just their can do this. It said that about guide. Book is familiar in each person. Yes, it is proper. Because start from on jardín de infancia until university need this The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist to read.

Constance Music:

Here thing why this The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist are different and reliable to be yours. First of all reading a book is good nevertheless it depends in the content of computer which is the content is as delicious as food or not. The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist giving you information deeper including different ways, you can find any book out there but there is no e-book that similar with The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist. It gives you thrill reading journey, its open up your own eyes about the thing that happened in the world which is perhaps can be happened around you. You can bring everywhere like in playground, café, or even in your means home by train. When you are having difficulties in bringing the published book maybe the form of The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist in e-book can be your option.

Rosemary Perez:

Information is provisions for those to get better life, information presently can get by anyone in everywhere. The information can be a knowledge or any news even an issue. What people must be consider when those information which is from the former life are challenging to be find than now could be taking seriously which one is appropriate to believe or which one the actual resource are convinced. If you obtain the unstable resource then you have it as your main information there will be huge disadvantage for you. All those possibilities will not happen with you if you take The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist as the daily resource information.

Ronald Marinelli:

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist can be one of your basic books that are good idea. We all recommend that straight away because this book has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The article author giving his/her effort that will put every word into delight arrangement in writing The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist although doesn't forget the main stage, giving the reader the hottest and also based confirm resource information that maybe you can be one among it. This great information can easily drawn you into brand-new stage of crucial imagining.

**Download and Read Online The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright
#WLJBG8567FD**

Read The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright for online ebook

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright books to read online.

Online The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright ebook PDF download

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright Doc

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright Mobipocket

The Art of Attention: Chronicles Of An Imagery-Oriented Psychotherapist By Jeanette Wright EPub