



1,000 Mexican Recipes (1,000 Recipes)

By Marge Poore

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A comprehensive guide to accessible Mexican home cooking

Offering 1,000 recipes for traditional fare from all the regions of Mexico, as well as dishes inspired by the nueva cocina of today's top Mexican chefs, this cookbook covers what home cooks need and want to know about Mexican cooking. Throughout, the author shares the cultural and culinary heritage of the people and food of Mexico from her perspective as a traveler and impassioned enthusiast of the country.

Home cooks will delight in the mouthwatering recipes such as Corn with Chipotle Butter, Chicken Quesadillas, Pork Chops with Poblano Chile Sauce, and Mexican Coffee Flan. There are two dozen kinds of salsa and more than 45 delicious chicken dishes, plus much more—enough exciting choices to fill weeknight dinner and special occasion menus for years!

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Editorial Review

From the Inside Flap

1,000 Mexican Recipes A celebration of Mexican cuisine—traditional and new—written for today's cook. Mexican foods excite and captivate the senses. Simple dishes like chile butter on fresh, juicy corn offer immediate gratification; dishes like burritos or poultry with mole sauces tantalize with layers of flavor. And the more you taste the more you want to try! So here's the perfect book to help you savor the tremendous variety of dishes throughout Mexico—from Baja on the Pacific Ocean to Mexico City in the heart of the country to Yucatán at the tip of the Gulf of Mexico. The recipes represent a delicious taste tour of dishes found in home kitchens, at market food stalls (fondas), and in restaurants—from local taquerias to sophisticated hotspots featuring acclaimed chefs. There are dishes for every meal and for snacks in between, for a busy weekday or for special occasions. You'll find traditional dishes common throughout Mexico, special regional fare, and modern dishes inspired by Mexican chefs that weave together native and new ingredients and techniques (nueva cocina). There are also recipes that are perfect for when you want great Mexican food, but are short on time or ingredients. Here is just a sampling of what you'll find: North-of-the-Border Favorites: Classic Guacamole; Fresh Salsa Mexicana; Chicken Quesadillas; Huevos Rancheros; Mexican Coffee Flan; Mexican Wedding Cookies Classic Mexican Dishes (with Several Variations): tamales; enchiladas; pozole; empanadas; chiles rellenos Regional Specialties: Shrimp, Puerto Vallarta Style; Red Snapper Veracruzana; Chicken in Mole Sauce from Puebla; Oven-Roasted Lamb, Monterrey Style; Oaxacan Bread Nueva Cocina (New-Style Cooking): Cornish Hens with Fiery Cilantro-Mint Sauce; Rolled Chicken Breasts with Poblano Chiles and Goat Cheese; Sautéed Salmon with Creamy Corn Sauce and Toasted Pumpkin Seeds; Potato and Chile Gratin; Watermelon Ice Cream Soon-to-be Favorites: Fried Potato Chips with Lime and Chili; Chicken with Chipotle Chiles and Tequila; Tijuana Pork Burritos; Shrimp in Garlic Sauce; Custard Bread Pudding; Mexican Chocolate Cake Modern Adaptations: Quick Refried Black Beans; Easy Mole from Prepared Paste; Chili Powder Enchilada Sauce; Black Bean Omelet With 1,000 Mexican Recipes, simply by learning about Mexican ingredients or techniques, you can add a kick to your everyday cooking. You can also choose a few recipes to add to your frequently made favorites, or you can have a traditional Mexican fiesta every night of the week, if you like. Browse, explore, experiment, and enjoy these recipes. Mexicans are passionate about good food—simple or special—and whether you are a novice or an experienced cook, you will appreciate and share their love for cooking with every dish you make.

From the Back Cover

1,000 Mexican Recipes It's Like Getting 5 Cookbooks for the Price of 1 92 Salsas and Sauces • 131 Appetizers and Snacks 210 Meat, Poultry, and Fish Entrées • 86 Desserts • And Much More! Explore Mexican Cooking in all its delicious variety with this outstanding recipe collection for today's home cooks. You'll find traditional favorites like guacamole, burritos, and tamales, in classic versions and tasty variations. Exciting new dishes like Steak with Avocado Butter and Mango Salsa—reflecting Mexico's new way of cooking (nueva cocina)—will inspire and delight you. You'll travel to Mexico City's bustling produce markets, to Veracruz for seafood, and beyond, as you read about the people, places, and foods behind this fascinating cuisine. With so many wonderful recipes, it's a book you'll enjoy for everyday meals and special occasions for years to come! Praise for 1,000 Mexican Recipes "Marge Poore's collection of 1,000 mouthwatering recipes brings to mind the kind of inspirational cooking that is served in homes, restaurants, street stalls, and markets throughout Mexico. Her colorful descriptions made me feel nostalgic for Mexico, uncontrollably hungry, and eager to dash into the kitchen."—Elaine Gonzalez, Mexican chocolate historian and author, *The Art of Chocolate* "Here is an amazing book that will become the Joy of Cooking for the Mexican kitchen."—Mark Miller, owner of Coyote Café (New Mexico), and author, *Coyote Café Cookbook*

"A veritable bible of Mexican cooking. If you can't find it here, you won't find it anywhere!"—Sharon Tyler Herbst, author, *The New Food Lover's Companion* Visit Hungry Minds, Inc. online at www.hungryminds.com

About the Author

Marge Poore has taught Mexican cooking for two decades and has led culinary tours to Mexico for 30 years. She is the author of five cookbooks, including *365 Mexican Recipes*, *The Best Stove-Top Grill Pan Cookbook Ever*, and *The Complete Chicken Breast Cookbook*. She lives in Novato, California.

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