



# Atisha's Lamp for the Path to Enlightenment

By Geshe Sonam Rinchen

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Atisha, the eleventh-century Indian Buddhist scholar and saint, came to Tibet at the invitation of the king of Western Tibet, Lha Lama Yeshe Wo, and his nephew, Jangchub Wo. His coming initiated the period of the second transmission of Buddhism to Tibet, formative for the Sakya Kagyu and Gelug traditions of Tibetan Buddhism. Atisha's most celebrated text, *Lamp for the Path to Enlightenment*, sets forth the entire Buddhist path within the framework of three levels of motivation on the part of the practitioner. Atisha's text thus became the source of the lamrim tradition, or graduated stages of the path to enlightenment, an approach to spiritual practice incorporated within all schools of Tibetan Buddhism.

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## Atisha's Lamp for the Path to Enlightenment By Geshe Sonam Rinchen Bibliography

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### Editorial Review

#### Review

"Geshe Sonam Rinchen's lucid and engaging commentary draws out Atisha's meaning for today's practitioners with warmth and wit, bringing the light of this age-old wisdom into the modern world."—*Indian International Journal of Buddhist Studies*

#### Review

"...well-written and edited...a useful starting point for understanding the Gelugpa presentation of Tibetan Buddhism, and is suitable for public, undergraduate and graduate collections."

#### Language Notes

Text: English, Tibetan (translation)

Original Language: Tibetan

### Users Review

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#### Corey Gardner:

Typically the book Atisha's Lamp for the Path to Enlightenment has a lot info on it. So when you read this book you can get a lot of profit. The book was written by the very famous author. Mcdougal makes some research just before write this book. This book very easy to read you may get the point easily after scanning this book.

#### Martina Barton:

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#### Emmaline Jett:

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to Enlightenment yet doesn't forget the main level, giving the reader the hottest and also based confirm resource info that maybe you can be certainly one of it. This great information could drawn you into fresh stage of crucial imagining.

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