



Fumio Demura's: Karate Weapons of Self-Defense: The Complete Edition

By Fumio Demura



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Written by master of *kobudo* (ancient self-defense weapons) Fumio Demura, this book collects his separate works on karate weapons in one volume

As one of the most highly respected and influential *karateka* in the world, Fumio Demura has written several books on karate weapons, including *tonfa*, *sai*, *nunchaku*, *kama*, and *bo*. Their importance to the world of martial arts has not diminished and his edition retains all the illustrations, photos, and martial arts techniques of the original individual volumes and brought them together in one important volume. It includes a history of each of these weapons and demonstrates how they can be used in modern self-defense fighting scenarios. It a must-have special edition for martial artists, students of karate and their instructors, and anyone interested in the history of personal weapons.

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