



Modern Military Spouse: The Ultimate Military Life Guide for New Spouses and Significant Others

By Lauren Tamm, J.D. Collins, Jo My Gosh

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Let's take the guesswork out of military life! Join me, along with hundreds of other military spouses, and grab your copy of Modern Military Spouse today. It has everything you need to survive the ups and downs of military life! After reading this book, you will be able to... - Prepare and navigate PCS moves, military homecomings and military deployments easier. - Understand terms, acronyms and abbreviations all in one convenient location. - Gain instant access to over 22+ printable checklists. - Learn how to navigate getting an education and managing your career as a military spouse. - Build a budget that will work for your military family, using our step-by-step guide for finances and a downloadable spreadsheet. - Learn the keys to nurturing a military marriage that will survive the challenges of military life. - Help your child through military life using key resources and best tips for parenting military kids. Here's what's included: 14 comprehensive chapters 20+ printable documents and checklists (Including deployment, PCS, marriage, and resume). Receive a link in the book to download the printables. 3 bonus sections (Including acronyms, abbreviations, and terms) What you'll learn: When You Don't Have a Ring What to Do When Your Service Member's Gone Preparing for a Successful Military Marriage Creating a Budget That Works Hitting the Books Military-Style Military Proofing Your Career Building a Strong Support Network Becoming a Good Military Spouse Navigating Military Life with Kids Step-by-Step to PCS Moving and Living Overseas Using Social Media Safely Complete List of Resources for Spouses Abbreviations, Acronyms, and Terms Defined And more! "Jo, JD, and Lauren did the hard work for all of us! They took an overwhelming amount of confusing and out-of-date information for military spouses and turned it into a fun, modern book. This guide helps you understand military life and find the resources you are looking for." - Jen Pilcher, Founder, MilitaryOneClick.com "Finally! A military spouse handbook that I can recommend to new spouses! This book is the friend I wish I had when I was a young Navy wife. I wouldn't have felt so alone, so unusual and so un-military if someone would have given me Modern Military Spouse along with my dependent ID. Modern Military Spouse is a mentor, a drinking buddy, and a confidant for today's military spouse." – Michelle Volkmann, managing editor, NextGen MilSpouse

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Editorial Review

About the Author

Lauren Tamm is a mom of two littles and military wife living overseas in Okinawa, Japan. She spends her days drinking infinite cups of coffee while chasing an energetic toddler around the house and soothing a baby. She is also the author of the rapidly growing blog, The Military Wife and Mom, as well as two more books: Routines, Rhythms and Schedules: How to Simplify Life with Kids and For the Love of Sleep: Practical Baby Sleep Solutions for the Everyday Mama. Jo is the author of the popular blog Jo, My Gosh, freelance writer and teacher. When she's not working from home, she's writing, reading, trying new recipes, watching sports or cross stitching. JD is young, married and mama to a beautiful baby son. She is the author of the successful blog Semi-Delicate Balance.

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