



No Stones: Women Redeemed from Sexual Addiction

By Marnie C. Ferree



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In this book Marnie C. Ferree offers a unique resource for women struggling with sexual addiction. Taking her book's title from the parable where Jesus extends grace to the woman caught in adultery, Ferree bravely shares her own story of sexual addiction, recalling her years of shame from living a double life and the moment when she ultimately had to tell the truth. But more than just offering her story as a hopeful example of God's transforming power, Ferree distills her clinical expertise on female sexual addiction accessibly and gently, providing a much-needed resource for women struggling with any degree of relational or sexual addiction. Ferree details the roots of addiction in family trauma and offers clear-eyed advice as both a counselor and a "grateful recovering sex addict" on how to achieve sobriety and healing.

Written by a counselor who understands the condition from the inside out, *No Stones* offers practical help for those battling sexual addiction. It also includes a specific chapter for anyone in close relationship with an addict, whether a spouse, family member, or friend, who wants to come alongside women as they seek help. Important for pastors and church leaders, this book will also be a much sought-after resource for Christian counselors and therapists counseling women who grapple with this type of addiction.

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No Stones: Women Redeemed from Sexual Addiction By Marnie C. Ferree Bibliography

- Sales Rank: #335347 in eBooks
- Published on: 2013-08-08
- Released on: 2013-08-08
- Format: Kindle eBook

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Editorial Review

Review

"A must-have resource for pastoral counselors, pastors to women, directors of women's ministry and anyone who seeks to know more about sexual addiction, particularly as it manifests in women." (Annie A. Lockhart, YouthWorker Journal, November/December 2010)

"In the first major Christian-published book on the topic, Marnie Ferree blows to bits easy assumptions about who gets addicted and why. Blessedly practical and deeply biblical, *No Stones* gives women--and their husbands and counselors--tools to break the cycle and the hope of finding real intimacy." (Katelyn Beaty, Christianity Today, May 2010)

"The historical absence of books written about female sexual addiction adds to the myth that sexual addiction is exclusively a 'men's issue.' *No Stones* attacks that myth while also filling the void in the literature by presenting an honest, comprehensive and compassionate examination of how women (and those who love and live with them) can move toward growth and healing from sexual addiction. To her great credit, Ferree does not oversimplify or offer quick fixes, but instead utilizes her own story, as well as those of the women she has counseled, to guide the way toward hope and recovery." (Kim Gaines Eckert, Psy.D., Wheaton College, author of *Stronger Than You Think: Becoming Whole Without Having to Be Perfect*)

"Marnie Ferree masterfully and sensitively tackles what is often considered a taboo subject: female sexual addiction. In doing so, she also brings a depth and wealth of understanding of female sexuality and feminine identity in general. Her discussions are timely and will be of great value to women struggling in hiddenness and shame. This book is also a must for clergy and counselors who want to effectively support women seeking greater healing and wholeness in the realm of sexuality and relationships." (Janelle Hallman, M.A., LPC, author of *The Heart of Female Same-Sex Attraction*)

"This brave and highly original book challenges readers to question their long-held religious views about women's sexuality. Marnie's courage in describing her own difficult sexual and family history powerfully illustrates the shame and pain felt by women who are sexually addicted. *No Stones* will make it easier for troubled Christian women to seek the help they need." (Jennifer Schneider, M.D., addiction specialist, and author of *Back from Betrayal and Sex, Lies, and Forgiveness: Couples Speak on Healing from Sex Addiction*)

"There has been a vacuum of information available for female sex addicts. This courageous book integrates sound mental health principles with biblical and spiritual truths. I will certainly recommend *No Stones*." (Ralph H. Earle, Ph.D., author of *Lonely All the Time*, and past president of the American Association of Marriage and Family Therapists)

"*No Stones* is destined to be a resource of immense value in helping female sex addicts (and those who care about them). Marnie writes passionately and vulnerably. She offers help without being condescending. She stresses personal accountability without being judgmental. I thank her for exploring such an important subject in such a candid, skillful and tender way." (Rubel Shelly, Ph.D., former preaching minister, Woodmont Hills Church of Christ, author, ethicist)

"Finally, there is a book written for women strugglers. I found hope and healing in these pages. *No Stones* is

written with great sensitivity, empathy, vulnerability and wisdom by someone who understands the struggle firsthand. Now I know I'm not alone." (Beth, recovering female sex addict)

"We have long needed a practical guide for women and sex addiction. Well written by a woman who has been there." (Patrick Carnes, Ph.D., author of *Out of the Shadows* and *Don't Call It Love*)

"Marnie Ferree is a pioneer in the field of women's sexual addiction recovery, and this is a pioneering work destined to become a standard." (Mark R. Laaser, Ph.D., author; and executive director, American Association of Christian Counselors' Institute for Healthy Sexuality)

About the Author

Marnie C. Ferree (M.A., Trevecca Nazarene University), is a licensed marriage and family therapist. She is director of Bethesda Workshops in Nashville, a clinical intensive treatment program for sex addicts, co-addicts and couples. Ferree formally worked as a marriage and family therapist at Woodmont Hills Counseling Center in Nashville.

Users Review

From reader reviews:

Desmond Gorman:

This book untitled *No Stones: Women Redeemed from Sexual Addiction* to be one of several books that best seller in this year, here is because when you read this guide you can get a lot of benefit into it. You will easily to buy that book in the book retail store or you can order it through online. The publisher of this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Touch screen phone. So there is no reason for your requirements to past this guide from your list.

Thomas Paine:

Typically the book *No Stones: Women Redeemed from Sexual Addiction* has a lot of information on it. So when you read this book you can get a lot of gain. The book was authored by the very famous author. Tom makes some research before write this book. This kind of book very easy to read you can get the point easily after looking over this book.

Philip Martin:

Playing with family in a park, coming to see the marine world or hanging out with pals is thing that usually you will have done when you have spare time, in that case why you don't try point that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love *No Stones: Women Redeemed from Sexual Addiction*, you can enjoy both. It is fine combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout guys. What? Still don't buy it, oh come on its known as reading friends.

Betty Bass:

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