

Rehabilitation for the Postsurgical Orthopedic Patient - E-Book

By Lisa Maxey, Jim Magnusson



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With detailed descriptions of orthopedic surgeries, **Rehabilitation for the Postsurgical Orthopedic Patient, 3rd Edition** provides current, evidence-based guidelines to designing effective rehabilitation strategies. Coverage of each condition includes an overview of the orthopedic patient's entire course of treatment from pre- to post-surgery. For each phase of rehabilitation, this book describes the postoperative timeline, the goals, potential complications and precautions, and appropriate therapeutic procedures. New to this edition are a full-color design and new chapters on disc replacement, cartilage replacement, hallux valgus, and transitioning the running athlete. Edited by Lisa Maxey and Jim Magnusson, and with chapters written by both surgeons and physical therapists, **Rehabilitation for the Postsurgical Orthopedic Patient** provides valuable insights into the use of physical therapy in the rehabilitation process.

- Comprehensive, evidence-based coverage provides an overview of the orthopedic patient's entire course of treatment from pre- to post-surgery, including a detailed look at the surgical procedures and therapy guidelines that can be used to design the appropriate rehabilitation programs.
- Case study vignettes with critical thinking questions help you develop critical reasoning skills.
- Indications and considerations for surgery describe the mechanics of the injury and the repair process so you can plan an effective rehabilitation program.
- Therapy guidelines cover each phase of rehabilitation with specifics as to the expected time span and goals for each phase.
- Evidence-based coverage includes the latest clinical research to support treatment decisions.
- Overview of soft tissue and bone healing considerations after surgery helps you understand the rationale behind the timelines for the various physical therapy guidelines.
- A *Troubleshooting* section in each chapter details potential pitfalls in the recovery from each procedure.
- Over 300 photos and line drawings depict concepts, procedures, and rehabilitation.
- **Detailed tables** break down therapy guidelines and treatment options for quick reference.

- Expert contributors include surgeons describing the indications and considerations for surgery as well as the surgery itself, and physical or occupational therapists discussing therapy guidelines.
- New coverage of current orthopedic surgeries and rehabilitation includes topics such as disc replacement, cartilage replacement, hallux valgus, and transitioning the running athlete.
- New full-color design and illustrations visually reinforce the content.
- **Updated** *Suggested Home Maintenance* **boxes** in every chapter provide guidance for patients returning home.
- **References linked to MEDLINE abstracts** make it easy to access evidence-based information for better clinical decision-making.

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Editorial Review

Review

"This book is awesome! It should really be called 'here is everything you need to know about rehabilitation and all the good stuff you have forgotten about'...This book gives you up to date information on the etiology of orthopaedic conditions, surgical procedures as well as surgical indications and considerations. However, its real strength lies in the guidelines and suggestions it has for the rehabilitation programs. The rehabilitation exercises are realistic, easy to implement and full of clinical nuggets which definitely makes the book come alive...This book will serve as a great reference point for any physiotherapists, or if you're like me it inspired a lot of new ideas for my clinic."

In Touch, July 2013

Users Review

From reader reviews:

James Nadler:

Information is provisions for individuals to get better life, information these days can get by anyone at everywhere. The information can be a expertise or any news even restricted. What people must be consider whenever those information which is inside former life are hard to be find than now could be taking seriously which one would work to believe or which one often the resource are convinced. If you get the unstable resource then you have it as your main information it will have huge disadvantage for you. All of those possibilities will not happen in you if you take Rehabilitation for the Postsurgical Orthopedic Patient - E-Book as the daily resource information.

Arielle Griffin:

Spent a free time to be fun activity to accomplish! A lot of people spent their down time with their family, or their own friends. Usually they carrying out activity like watching television, going to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Might be reading a book is usually option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the book untitled Rehabilitation for the Postsurgical Orthopedic Patient - E-Book can be very good book to read. May be it may be best activity to you.

Charles Edwards:

This Rehabilitation for the Postsurgical Orthopedic Patient - E-Book is great publication for you because the content which can be full of information for you who else always deal with world and still have to make decision every minute. This kind of book reveal it info accurately using great arrange word or we can state

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Tanya McNeil:

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