



101 Ways to Meet Your Angels: Affirmations and Exercises to Connect With and Learn From Your Angelic Guardians

By Karen Paolino

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101 Ways to Meet Your Angels: Affirmations and Exercises to Connect With and Learn From Your Angelic Guardians By Karen Paolino

Angels are everywhere—watching over us and even guiding us without our knowledge. In this inspiring and reassuring guide, readers will learn to communicate with these heavenly messengers, and call upon them for counsel and consideration. Clairvoyant spiritual counselor Karen Paolino, trained by world-famous angel expert Doreen Virtue, teaches readers how to connect with their team of guardians by:

- Developing their divine intuition
- Discovering the power of prayer to invoke angel miracles
- Using angel-specific meditations and affirmations
- Performing Angel Card readings

Featuring special sections on the history and hierarchy of angels, their individual roles as messengers and protectors, and real-life examples of angel miracles, *101 Ways to Meet Your Angels* is all readers need to meet the angels that offer love, support, and guidance—each and every day!

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101 Ways to Meet Your Angels: Affirmations and Exercises to Connect With and Learn From Your Angelic Guardians By Karen Paolino Bibliography

- Rank: #973315 in Books
- Published on: 2011-11-15
- Released on: 2011-11-15
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x 1.70" w x 5.50" l, .62 pounds
- Binding: Paperback
- 256 pages

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Editorial Review

About the Author

Karen Paolino, CHT, ATP (Abington, MA) has integrated her training in mediumship, Angel Therapy, and hypnotherapy with her gifts as a clairvoyant spiritual counselor and teacher. She is a graduate of Doreen Virtue's intensive Angel Therapy? certificate program and has the ability to communicate and connect with angels and loved ones in the spirit world to express and deliver their healing, loving messages.

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