



## More Than a Mirror: Horses, Humans & Therapeutic Practices

By Shannon C. Knapp



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More than a Mirror is a deep and passionate study of Equine Assisted Psychotherapy and Learning (EAP/EAL). Horse Sense of the Carolinas founder Shannon Knapp examines the therapeutic process with horses and how horses foster emotional and social intelligence. Special focus is given to the selection, assessment and support of the horse in EAP/EAL. Through research, interviews, and her own extensive experience in the field, Shannon provides a peek behind the scenes of EAP practices.

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