

The Francis Effect: The Real Reason You Hate Public Speaking and How To Get Over It

By M. F. Fensholt


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Provides all the tools readers need to overcome anxiety and become willing, confident, successful speakers. Step-by-step instructions show how to eliminate dry mouth, sweaty palms, and shaking knees and never again worry about forgetting what to say. Also covers how to quickly and thoroughly prepare for any talk, persuade and motivate any audience, and handle even tough questions with confidence.

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Jessica Duncan:

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Ruth Zimmer:

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