



Treatment of Depression in Children & Adolescents

By Connie Callahan Ph.D. LPCC LMFT



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Depression in Children & Adolescents provides clinicians with challenges due to the various facets of the course depression runs and the different manifestations it takes with youth. This book examines incidence rates, diagnostic and statistical categories, best practice guidelines, and practical treatment interventions for depressive disorders relating to children and adolescents. It is designed to offer specific interventions and practical worksheets that can be used in a variety of clinical settings in a hands-on manner, and will provide presenting symptoms of depression in youth and interventions to help reduce or eliminate these symptoms.

There are interventions for different ages and most symptoms of depression in young people. This is the book that will have a profound difference in the lives of children, adolescents, and their parents.

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Editorial Review

About the Author

Connie Callahan, Ph.D., LPCC, LMFT, is the Chair of the Counseling and Educational Psychology Department at Eastern Kentucky University. She has practiced as a Licensed Professional Clinical Counselor and a Licensed Marriage and Family Therapist since 1986 in a variety of settings. Dr. Callahan has been using research-based interventions with clients, supervisees, and colleagues in various treatment settings and graduate programs for over two decades, and is known nationally as an expert trainer, clinical supervisor, clinician and acclaimed PESI presenter.

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