



Becoming Myself: Embracing God's Dream of You

By Stasi Eldredge



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God has dreams—*just* for you

Becoming Myself is a hope-filled book for anyone who wonders if her life will ever change—if *she* will ever change. In Stasi Eldredge's most intimate book yet, she shares her own struggles with self-worth, weight, and her past as she shows readers how God is faithfully unveiling who we truly are.

Stasi urges you to lay down your past thoughts about yourself and receive God's incredible dreams for you instead. We cannot heal ourselves. We cannot become ourselves by ourselves. But we are not by ourselves.

The King of love wants to help us *become*. God desires to restore us—the real us. As he heals our inner life, he calls us to rise to the occasion of our lives. The most important journey any woman can take is the journey into becoming her true self through the love of God.

It's a beautiful paradox. The more of God's you become, the more yourself you become—the "self" he had in mind when he thought of you before the creation of the world.

Discover your truest self—the woman God created you to be—in *Becoming Myself*.

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Editorial Review

From Publishers Weekly

With a writing style that makes the reader feel she is having an intimate chat over coffee with a close friend, Eldredge, who co-authored the bestselling *Captivating* and *Love and War* with her husband John, goes solo for this journey to the development of life-changing self-esteem. She offers practical ways to embrace the unique dream God has for each woman's life regardless of past mistakes or present feelings of inadequacy. Transformation must happen from the inside out, she says, but until women can see themselves through God's eyes, it won't happen. She offers humor, liberating insights, biblical lessons, and insightful imagery colored by blunt talk and brutally honest personal examples—including her battles with weight gain—to encourage women to see themselves in a different light. The conversation rambles as chats between friends do, but focus can become foggy. Study notes at the end of chapters or in the rear of the book might have been helpful tools for pulling concepts together and providing ways for digesting more of this meaty food for thought. Agent: Curtis Yates, Yates & Yates. (Aug.)

From the Back Cover

God Is Transforming You

Do you have an area of your life that you would like to change, have tried to change, and have failed to change?

Stasi Eldredge knows from experience that loneliness, anger, or a poor self-image can take a toll on your belief that God loves you. In *Becoming Myself*, Stasi talks frankly about her own struggles with her past, her weight, and her self-worth to remind you that you don't have to stay stuck. Shame and fear don't need to be a part of your life. After all, they will never create the growth you long for. Only God can do that.

You are on the way to becoming your true self. Come participate in the transformation God promises as you explore your own story, awaken to your God-given desires, and begin to see yourself as God sees you.

About the Author

Stasi Eldredge's heart was captured by God through the Sacred Romance and she has never gotten over it. Or rather, Him. She is the co-author (with her husband John) of the New York Times Bestselling book *Captivating* and *Love & War*. Their ministry, *Ransomed Heart*, has been used by God to transform the lives of men and women all over the world. They make their home in Colorado. The mother of three grown sons who no longer live in her home but take residence forever in her heart, Stasi is a writer and conference speaker passionate about women embracing the value of their heart and life to Jesus Christ and risking everything on that!

Users Review

From reader reviews:

Gregory Proctor:

Have you spare time for any day? What do you do when you have more or little spare time? Yes, you can

choose the suitable activity to get spend your time. Any person spent their particular spare time to take a walk, shopping, or went to often the Mall. How about open or perhaps read a book titled Becoming Myself: Embracing God's Dream of You? Maybe it is to be best activity for you. You recognize beside you can spend your time with the favorite's book, you can smarter than before. Do you agree with its opinion or you have other opinion?

Georgetta Watson:

This Becoming Myself: Embracing God's Dream of You is great book for you because the content and that is full of information for you who all always deal with world and also have to make decision every minute. That book reveal it data accurately using great organize word or we can declare no rambling sentences inside it. So if you are read the idea hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but hard core information with beautiful delivering sentences. Having Becoming Myself: Embracing God's Dream of You in your hand like obtaining the world in your arm, data in it is not ridiculous one. We can say that no reserve that offer you world inside ten or fifteen tiny right but this guide already do that. So , it is good reading book. Heya Mr. and Mrs. occupied do you still doubt that?

Gary Wilson:

That book can make you to feel relax. This specific book Becoming Myself: Embracing God's Dream of You was colourful and of course has pictures on there. As we know that book Becoming Myself: Embracing God's Dream of You has many kinds or style. Start from kids until youngsters. For example Naruto or Investigation company Conan you can read and think you are the character on there. Therefore not at all of book usually are make you bored, any it makes you feel happy, fun and loosen up. Try to choose the best book for you and try to like reading which.

James Martin:

As a pupil exactly feel bored to be able to reading. If their teacher requested them to go to the library or even make summary for some e-book, they are complained. Just tiny students that has reading's heart or real their hobby. They just do what the instructor want, like asked to go to the library. They go to presently there but nothing reading really. Any students feel that reading is not important, boring in addition to can't see colorful pics on there. Yeah, it is to get complicated. Book is very important for you personally. As we know that on this age, many ways to get whatever we wish. Likewise word says, many ways to reach Chinese's country. Therefore this Becoming Myself: Embracing God's Dream of You can make you feel more interested to read.

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