

# Skillstreaming the Adolescent: A Guide for Teaching Prosocial Skills, 3rd Edition (with CD)

By Dr. Ellen McGinnis



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This widely-acclaimed approach developed by the late Dr. Arnold P. Goldstein and colleagues is now in 8.5 by 11 format with reproducible skill outlines, skill homework reports, and program forms, with a forms CD. Skillstreaming the Adolescent employs a four-part training approach: modeling, role-playing, performance feedback, and generalization to teach essential prosocial skills to adolescents. This book provides a complete description of the Skillstreaming program, with instructions for teaching 50 prosocial skills. Chapters on effective Skillstreaming arrangements, Skillstreaming teaching procedures, refining skill use, teaching for skill generalization, managing behavior problems, Skillstreaming in the school context, and more. Skill outlines are handy one-page summaries for each skill, including skill steps, guidelines for skill instruction, and suggested situations for modeling displays. Homework reports list skill steps and guide students in practicing the skills and evaluating skill use outside the Skillstreaming group. Appendixes provide all program forms needed to ensure a successful Skillstreaming intervention, plus leader and observer checklists to ensure program integrity.



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