

The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners)

By Arthur E. Jongsma Jr., Kim Paleg



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This fully revised resource features:

- Treatment plan components for 33 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors

The Group Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies.

- A critical tool for mental health professionals developing formal treatment plans for working with a variety of groups
- New edition features expanded coverage and outlines entirely new areas including utilizing group therapy to treat panic/agoraphobia, PTSD/trauma, adult ADHD, obsessive-compulsive disorder, and borderline personality disorder
- Streamlined interventions and fully updated language make this edition easier to use and more clinically applicable
- Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans
- Organized around 33 main presenting problems with a focus on applying a group therapy approach to a wide variety of disorders
- Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

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Editorial Review

About the Author

ARTHUR E. JONGSMA, Jr., PhD, is Series Editor for the bestselling Practice *Planners* ®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He managed a group private practice for 25 years and is now a staff member at Life Guidance Services in Grand Rapids, Michigan.

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Users Review

From reader reviews:

Carlos Wesley:

The experience that you get from The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners) could be the more deep you looking the information that hide within the words the more you get serious about reading it. It does not mean that this book is hard to understand but The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners) giving you thrill feeling of reading. The article writer conveys their point in certain way that can be understood by means of anyone who read the item because the author of this book is well-known enough. This book also makes your vocabulary increase well. So it is easy to understand then can go to you, both in printed or e-book style are available. We propose you for having this kind of The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners) instantly.

Thomas Carlson:

Reading a book tends to be new life style within this era globalization. With examining you can get a lot of information that can give you benefit in your life. Together with book everyone in this world can certainly share their idea. Guides can also inspire a lot of people. A great deal of author can inspire their particular reader with their story or even their experience. Not only the storyplot that share in the textbooks. But also they write about the data about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors on this planet always try to improve their talent in writing, they also doing some investigation before they write for their book. One of them is this The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners).

Robert Haas:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their down time with their

family, or their particular friends. Usually they doing activity like watching television, about to beach, or picnic from the park. They actually doing same every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? May be reading a book is usually option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to consider look for book, may be the publication untitled The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners) can be fine book to read. May be it could be best activity to you.

David Hosford:

On this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become one of it? It is just simple way to have that. What you must do is just spending your time not very much but quite enough to get a look at some books. One of many books in the top checklist in your reading list will be The Group Therapy Treatment Planner, with DSM-5 Updates (PracticePlanners). This book which is qualified as The Hungry Hillsides can get you closer in turning out to be precious person. By looking right up and review this e-book you can get many advantages.

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