


# Could It Be B12?: An Epidemic of Misdiagnoses


By Sally M. Pacholok, Jeffrey J. Stuart



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Presenting a wide scope of problems caused by B12 deficiency, this comprehensive guide provides up-to-date medical information about symptoms, testing, diagnosis, and treatment. Written for both the patient and the interested layperson, this detailed book outlines how physicians frequently misdiagnose B12 deficiency as Alzheimer's disease, multiple sclerosis, heart disease, mental retardation, Parkinson's disease, depression, or other mental illnesses. Now in the second edition, this resource has been thoroughly updated with the latest research, diagnostic tests, treatment options, case studies, and testimonials.

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### **Editorial Review**

#### Review

"Could It Be B12?" is both powerful and revealing. It serves as a reminder that often times a simple precaution and nutrition awareness will save lives and a ton of money. --Charles H. Liu R.Ph., clinical pharmacist and nutrition and preventive care specialist

If you or your loved ones have health issues you can't get a handle on or you've been diagnosed for something and the standard treatment doesn't seem to work, then I say definitely pick this book up. --  
[www.BunnyCates.com](http://www.BunnyCates.com)

The most important book I have read in decades ... clearly, concisely and convincingly calls our attention to a condition that exists in epidemic numbers. This book is a must read for all doctors. --Dr. Bill Koch, The American Chiropractor magazine

I defy you to read this book then not get yourself or a loved one tested for B12 deficiency. --Eric Norman, Ph.D., developer of the uMMA test for B12 deficiency

I recommend this book to professionals and patients alike who are interested in finding the underlying cause and cure of many common diseases and conditions related to deficiency of vitamin B12. --Kilmer McCully M.D., author of "The Homocysteine Revolution"

The definitive book on B12 deficiency, diagnosis and treatment for the lay reader and for the interested physician. --Jeffrey Dach, M.D.

"Could it be B12?" has literally saved lives and is the only complete and authoritative guide to B12 deficiency and shows what you can do to protect yourself and your family from this crippling disorder. --  
Senior Beacon

As a practicing physician I can only hope that malpractice attorneys don't read this book. --Richard Nimbach, D.O.

#### About the Author

Sally M. Pacholok, RN, has worked as an emergency room nurse and paramedic for 25 years. A member of the Emergency Nurses Association, Pacholok diagnosed herself with vitamin B12 deficiency after doctors failed to identify her condition. Jeffrey J. Stuart, DO, is a board-certified physician and a member of the American Osteopathic Association, the American College of Osteopathic Emergency Physicians, the Macomb County Osteopathic Society, and the Michigan Osteopathic Association. They both live in Shelby, Michigan.

### **Users Review**

#### **From reader reviews:**

**Vicki Allen:**

In this 21st hundred years, people become competitive in each way. By being competitive right now, people have do something to make them survives, being in the middle of often the crowded place and notice by surrounding. One thing that oftentimes many people have underestimated that for a while is reading. Yep, by reading a book your ability to survive enhance then having chance to endure than other is high. To suit your needs who want to start reading a book, we give you that Could It Be B12?: An Epidemic of Misdiagnoses book as nice and daily reading e-book. Why, because this book is usually more than just a book.

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