



See & Feel the Inside Move the Outside, Third Edition - Full Color

By Michael Hebron



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Annotation for See & Feel the Inside Move the Outside, Third Edition The Third Edition of See & Feel the Inside Move the Outside looks at an efficient golf swing and offers insights on creating a personalized "how-to" through trial and self observation. The book assists the golfer in developing knowledge and evaluating past experience in order to make any necessary adjustments to the golfer's personal swing. Hebron is a renowned international instructor and leader in the field of how the mind and body work together in learning a sport. He encourages a learning environment free of detailed directions and corrections and filled with self-discovery. This book is available in full color or black and white.

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