



## Urban Farms

By Sarah Rich



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### Urban Farms By Sarah Rich

*Urban Farms* provides in-depth profiles of 16 innovative farms located in major metropolitan areas across the country, each operated by passionate individuals and communities committed to growing their own fruits and vegetables and raising animals. Included in these pages are some of the leaders in the movement, from Novella Carpenter's farm in an empty lot in Oakland to Growing Power's vast compound in Milwaukee. In addition to stories about the farms and their owners, sidebars provide basic how-to tips for such activities as composting, canning, beekeeping, and growing vegetables. A burgeoning movement that is fast catching on, urban farming taps into many touchstones of the zeitgeist, including environmental awareness, the foodie culture, localism, distrust of mass-production farming practices, and the DIY approach to life and living.

Praise for *Urban Farms*:

"Sarah C. Rich's handsome, intelligent **URBAN FARMS (Abrams, \$30)** chronicles a movement to bring kale to the people, an effort that stretches across the country, from Brooklyn to Oakland. . . . Benson's spirited photographs capture the joy and beauty of urban farming's bounty. No vase full of lush peonies from the grounds of an elegant estate could inspire such looks of eager joy as do the tomatoes harvested out of New York City's Edible Schoolyard. These vegetable gardeners—and farmers—are working against such odds that there's simply no excuse to let a comparatively lush suburban backyard lie fallow." —*New York Times Book Review*



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### Editorial Review

#### About the Author

Sarah C. Rich is a writer focused on the intersection of food and design. She is cofounder of the Foodprint Project, a former senior editor at *Dwell Magazine*, and a board advisor to Project H Design. She lives with her husband in Oakland, California. **Matthew Benson** is a photographer whose work has appeared in *House & Garden*, the *New York Times*, *Condé Nast Traveler*, *This Old House*, and *Saveur*, among many other publications. He lives on a restored 1860s organic farm in upstate New York with his wife and children.

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