

# The Hesitant Mistress: A Guide to Claiming Your Feminine Power

By Dvanna Hightower



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The submissive man in a vanilla relationship faces a daunting challenge. How can he convince his demure girlfriend to take charge without turning her off? How can he show her that female domination is not a sick stereotype, but a healthy and romantic way to enhance her life? This book is the answer to his prayers.

His girlfriend's hesitation is perfectly understandable. Since female dominants are so often depicted as arrogant sadists intent on hurting and humiliating men, it's not surprising that any woman would feel reluctant to adopt this role in her relationship. After all, who would treat her beloved partner as if she hated him?

But she has no need to worry. The real female dominant is not a cruel psychopath. Her relationship involves mutual trust, cooperation, and communication. She can be nurturing and reasonable. She can share her feelings and needs. She can be herself, more bravely than ever - and her partner will love her for it.

In *The Hesitant Mistress*, author and dominant Dvanna Hightower gently introduces the novice mistress to a new world of life-enhancing possibilities. The male submissive will try to give his lady everything she desires; all she needs to do is recognize the confidence she already has inside her.

Part self-help book, part kinky instruction manual, *The Hesitant Mistress* is an indispensable introduction to female-led relationships. Any woman who reads it will never be the same.



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### The Hesitant Mistress: A Guide to Claiming Your Feminine Power By Dvanna Hightower Bibliography

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#### **Editorial Review**

From the Inside Flap
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#### I. Introduction:

A Warning for the Man in Her Life; Some Reassurances for the Hesitant Mistress; Your Journey; The Female Dominant; The Female-Led Relationship; Is This Abuse?; The Male Submissive; How It Works - A Brief Demonstration

#### II. Gaining Confidence:

Being Yourself; You are Attractive; Stop Apologizing; Say What You Mean; Don't Justify; Give Up Validation; Be Aware of Your Space; Wear Something Sexy; Know You Can Handle It; Become Self-Reliant; Declare A Preference; Lead, Don't Follow

#### III. Training Him:

You Were Made for This; Vocalize Your Instincts; Setting Expectations; Being Bossy; Set Boundaries; Watch Your Language; Reward and Punish; Be Consistent; Answers and Objections; It's Your Decision

#### IV. Scening:

Of Scenes and Bedrooms; Safewords; Stop and Think About It; Take Your Time; Caring Too Much; Fetishes; Games to Start Out With; Putting It All Into Practice; New Beginnings; A View From the Bottom - A Submissive's Addendum

#### ---- A Warning for the Man in Her Life ----

This book will teach your partner how to be more dominant. That means she will learn how to actually be more dominant, not just how to act like a dominatrix long enough for you to get your jollies off in the bedroom.

Your partner will learn how to say no to you. She will learn how to train you. She will learn how to punish you and hold you accountable for your actions. She will learn that she can demand whatever she wants from you, despite whatever you might want from her.

So beware, my unsuspecting male friend... if you bought this book for her, you might get more than you asked for. You may want to quietly set it aside and buy her a set of fuzzy handcuffs instead. You have been warned.

#### **Users Review**

#### From reader reviews:

#### **Thomas Fleischmann:**

This The Hesitant Mistress: A Guide to Claiming Your Feminine Power tend to be reliable for you who want

to be a successful person, why. The main reason of this The Hesitant Mistress: A Guide to Claiming Your Feminine Power can be on the list of great books you must have is actually giving you more than just simple reading food but feed anyone with information that might be will shock your preceding knowledge. This book is usually handy, you can bring it all over the place and whenever your conditions at e-book and printed people. Beside that this The Hesitant Mistress: A Guide to Claiming Your Feminine Power giving you an enormous of experience like rich vocabulary, giving you trial of critical thinking that could it useful in your day activity. So, let's have it and revel in reading.

#### Mandi Rice:

Spent a free time for you to be fun activity to perform! A lot of people spent their down time with their family, or their own friends. Usually they performing activity like watching television, going to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could be reading a book might be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try out look for book, may be the reserve untitled The Hesitant Mistress: A Guide to Claiming Your Feminine Power can be fine book to read. May be it may be best activity to you.

#### **Jeremy Hutchings:**

The book untitled The Hesitant Mistress: A Guide to Claiming Your Feminine Power contain a lot of information on that. The writer explains your girlfriend idea with easy technique. The language is very easy to understand all the people, so do definitely not worry, you can easy to read it. The book was published by famous author. The author will take you in the new time of literary works. You can easily read this book because you can keep reading your smart phone, or device, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site as well as order it. Have a nice examine.

#### **Estela Gillard:**

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